

Workshop Meal

Lazy Summer BBQ

Baked Beans (170 cal / 4.75 oz. serving)

Coleslaw (150 cal / 3 oz. serving)

Macaroni and Cheese (260 cal / 4 oz. serving)

Fiesta Cornbread Muffins (120 cal / each)

Lazy Country Chicken (430 cal / 6 oz. serving)

Rich`s Sliced Brisket (350 cal / 5 oz. serving)

Assorted Craveworthy Cookies (250 - 310 cal / each)

Lemon Cheesecake Bars (300 cal / 2.75 oz. serving)

Raspberry Coconut Almond Bars (370 cal / 3.25 oz. serving)

Iced Tea and Water